

# Department of Counseling

## I Educational Goal

The mission of the department of counseling is to prepare highly competent professional counselors who are able to work effectively with diverse populations in school, community, mental health and related settings. We are committed to training counselors who are able to work as highly skilled practitioners and researchers with a strong sense of professional identity and competence.

## II Educational Objective

- ① to prepare professional counselors who understand counseling and related theories.
- ② to prepare reflective and ethical practitioners who are expert in most effective methods
- ③ to prepare competent counselors who can inquire and develop the best counseling programs.

## III List of Full-time Faculty

Name	Position	Degree(University)	Field of Instruction	Area of Research
Bae Cheon Woong	Professor	Ph.D. (Michigan State Univ.)	Pedagogy	Career counseling and Continuing Education
Yang Myung Suk	Professor	Ph.D. (Heinrich-Heine Duesseldorf Univ.)	Psychology	Developmental counseling and family counseling
Pan Shin Hwan	Professor	Ph.D. (Graduate Theological Union)	Christian Counseling	Personal counseling and Crisis Counseling
Kim Jae Cheol	Professor	Ph.D. (Seoul National University)	Pedagogy	Research Methodology and Evaluation Counseling
Choi Ji Young	Associate Professor	Ph.D. (University of Minnesota)	Pedagogy	Educational Psychology and

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				Counseling
Kim Min Jung	Professor	Ph.D. (Sookmyung Women's University)	Child and Youth Welfare	Development and evaluation of counseling programs
Kye Jae Kwang	Associate Professor	Ph.D. (Fuller Theological Seminary at Pasadena)	Christian Leadership	Leadership Development and Christian Coaching, Organization Change
Moon Ui Jeong	Assistant Professor	Ph.D. (University of Maryland)	Social Work Research Method	Development of children and Research Methodology
Cho Hwa Jin	Assistant Professor	ED.D. (Yonsei University)	Counseling Psychology	Counseling Relationship and Process

## IV Course Description

### **CN601 Developmental Psychology 3 credits**

This course introduces theories, empirical research, and applied issues in developmental psychology including cognitive, social and emotional processes.

### **•CN602 Personality Psychology 3 credits**

This course introduces personality theories including the dynamics of personality, traits and types, cognitive, emotional and motivational aspects of personality. Topics include personality assessment, personality development, and personality and adjustment.

### **CN603 Ethics & Law of Counseling 3 credits**

Laws and ethics for a counselor or a client are analyzed. Theories and process in an ethical or legal approach to counseling are appraised critically.

### **CN604 Theories & Practices of Counseling 3 credits**

This course is learn the formation process, notions, theories and etc. on the subject of counseling, and understand existing counseling concepts which encircles around the view of humanity, counseling goal, counseling techniques and procedures, counselors' roles and counselees' roles in addition to advantages and disadvantages in implementation.

### **CN605 Mental Health & Counseling 3 credits**

This course is learn biological, psychological, and social approaches to human mental health are analyzed. Methodologies for their integration are analyzed.

### **CN606 Basic Psychological Statistics 3 credits**

Study on Counseling related Statistics, Such as MANOVA, ANOVA, Regression, Factor analysis and Path analysis. Also get used to SPSS and SAS.

### **CN607 Academic Counseling 3 credits**

This course provides theoretical and practical knowledge about academic counseling. Topics include effective learning strategies for students, slow learner, underachiever, learning disability, and counseling program for students with academic problems.

**CN608 Family Counseling 3 credits**

This course analyzes major theories in family therapy. Their concepts, therapeutic relationships, skills, and process are compared. Family cycle and assessments are included.

**CN609 Individual Counseling 3 credits**

Knowledge about individual counseling in addition to basic theories which are necessary for counseling procedures and overall knowledge will be discussed and dealt with. Therefore, based on the base model, different areas of individual counseling such as mental health issues, personality issues, education and learning issues, career issues, issues in adjusting to job/profession, marriage issues, family issues and more will be divided and looked into further in detail as well as problems related to education will be researched in depth.

**CN610 Group Counseling 3 credits**

Understand beginning process to finish in order to resolve counselees' issues as well as counselees' desire, this phase is to practice and enrich counseling techniques as a professional counselor. After researching multiple theories, and based on those multiple theories, identify problems and causes and then formulate detailed plans to effectively achieve preexisting goals and goal-achieving solutions.

**CN611 Psychological Measurement & Testing 3 credits**

This course explores the theory and technique of administering, scoring, and interpreting psychological tests. The course is divided into three sections. The first section involves a review of the basic psychometric principles that apply to all types of psychological tests. The second section focusses on issues related to administering, scoring, and interpreting the tests that typically are used in a standard assessment battery. In the last segment of the course, students gain hands-on experience in working with a standard test battery.

**CN612 Abnormal Psychology 3 credits**

Theories on diagnoses and interventions in mental disorder are analyzed. Theories on etiology and intervention in addiction, anxiety, mood disorder, schizophrenia, etc. are appraised critically.

**CN613 Counseling Program Development & Evaluation 3 credits**

Assessment of needs, formation of purpose, development of a program, and evaluation of the program are discussed. Their specific methods are analyzed and practiced.

**CN614 Multi-Cultural Counseling 3 credits**

Study on a difference of socialpsychological theory by culture. Investigate result of comparative culture study with socialpsychological theory.

**CN615 Parents Education & Counseling 3 credits**

This course analyzes theories on human development and parenting. Parenting tasks on a developmental stage are discussed.

**CN616 Practice of Counseling 3 credits**

To cultivate competent counselors, counselors' capability/ability should be enhanced through supervision. In addition, to promote counselees' social welfare, counselors' education should be held around the precedent at the scene/field.

**CN617 Counseling Research Methods 3 credits**

The purpose of this course is to provide students a familiarity with and understanding of various research methods in the behavioral sciences so that they can: plan good research, understand the strengths and limitations of research methods, critically evaluate information about human behavior presented in both professional journals and the popular media, and develop proficiency in professional scientific writing.

**CN618 Oriental Philosophy & Counseling 3 credits**

Based on the theory of oriental philosophy, new theory and actuality will be explored.

**CN619 Arts Psychotherapy 3 credits**

Expressive arts approaches to mental disorders are analyzed. Such an expression as fine art, music, drama, dance, or poetry are appraised and practised.

**CN620 Crisis Intervention & Counseling 3 credits**

Process of crisis and models in crisis intervention are analyzed and practised. Process and intervention in suicide, domestic violence, school violence, bullying, or addiction are analyzed. A local intervention model is explored.

**CN621 Seminar on Psychoanalysis 3 credits**

Major concepts and process in psychoanalysis are analyzed. Object relations theory, ego psychology, or Lacanian tradition are included. Analytic relationships and process, insight, interpretation, or dream are analyzed.

**CN622 Seminar in Counseling Research 3 credits**

Investigate research reports and papers dealing with all sorts of controversy and major topics that arise in counselling fields. Debate on them.

**CN623 Counselor Supervision 3 credits**

This course's topic is the supervision based on counseling theories. In particular, psychodynamic, experiential, and cognitive behavioral approaches are compared.

**CN701 Seminar in Counseling Psychology 3 credits**

The aim of the course is to provide students with a specific knowledge of applying counseling theories to various counseling situations. This will be done with an emphasis on main topics in counseling psychology. Focus on individual presentation and in-depth discussions.

**CN702 Case Study on the individual & Supervision 3 credits**

This course's topic is case studies on the individual and supervision. This course offers classic and contemporary cases that bring concepts to life for students, process to facilitate counselor's development. Counselor's roles and functions are analyzed. Their stimuli and risks are discussed.

**CN703 Philosophy of Counseling 3 credits**

This course introduces foundations of philosophical and ethical decision-making of the counselor. Topics include professional standards, guidelines, and issues concerning the training and work of the counselor.

**CN704 Group Counseling Program Development & Operations 3 credits**

This course is we will be both studying and experiencing group dynamics and group conflict. We will concentrate our attention on group conflict. But we will spend some bit of time, particularly early on, in learning about group process in small task oriented groups. A great deal of your time will be concentrated in applying what we know about conflict resolution to the current negotiations.

**CN705 Adolescent Counseling 3 credits**

This course introduces developmental characteristics and adjustment issues of adolescents. Topics include counseling theory, practical techniques and strategies for helping adolescents with various problems.

**CN706 Career Counseling 3 credits**

This course provides theoretical knowledge and practical skills about career counseling. Topics include vocation and career guidance in schools.

**CN707 Practice of School Counseling 3 credits**

This course provides theoretical and practical knowledge about school counselling and guidance in secondary schools. Topics include history of school counseling and role of school counselor.

**CN708 Counseling in Military Setting 3 credits**

This course introduces human relationships, conflict management, psychological diagnosis and assessment, individual and group counseling, personality psychology, and organizations and social psychology in military settings. Topics include counseling techniques and strategies for soldiers providing theoretical and practical knowledge in military settings.

**CN709 Counseling for Students with Special Needs 3 credits**

This course provides theoretical and practical knowledge about counseling for children with special needs. Topics include counseling for autism, mental retardation, attachment disorder, and gifted children.

**CN710 Advanced Personality Psychology 3 credits**

This is an advanced course on personality psychology to explore contemporary theories of personality and individual differences. In addition, this analyzes contemporary theories of personality disorder, its diagnosis, and its psychotherapy

and interventions.

**CN711 Psychotherapy of Anxiety Disorders 3 credits**

This course is an advanced survey of anxiety disorders. Some systems and issues of phobia, social phobia, obsessive-compulsive disorders, panic disorder, PTSD, etc. are discussed. Particularly, some of their psychosocial interventions are discussed and practised.

**CN712 Psychotherapy of Mood and Bipolar Disorders 3 credits**

This course is an advanced survey of mood and bipolar disorders. Some systems and issues of their diagnosis and etiologies are discussed. Particularly, some of their psychosocial interventions are discussed and practised.

**CN713 Psychotherapy of Neurodevelopmental and Disruptive Behavioral Disorders 3 credits**

This course is an advanced survey of neurodevelopmental and disruptive behavioral disorders. Some systems and issues of their diagnosis and etiology are discussed. Particularly, some of their psychosocial interventions are discussed and practised.

**CN714 Psychology of Learning 3 credits**

This is an advanced course on behavioristic and cognitive approaches to human learning. It analyzes principles, elements, processes of contemporary models. It also contains methods, skills, and processes to articulate and maintain behavior modification.

**CN715 Advanced Developmental Psychology Seminar 3 credits**

This course is an advanced course of developmental psychology course. Focus on lifespan development including infancy, childhood, adolescence, and adulthood in terms of cognitive, social emotional, linguistic, and personality aspects. Debate on main issues and research topics.

**CN716 Family Counseling Supervision 3 credits**

This course's topic is Family Counseling supervision. We will study to know the concept of family, family study, theological view, family identity, sexual role and development, child care, the problems of family etc.

**CN717 Psychotherapy & Advanced Consultation Theory 3 credits**

Examine existing counseling theories in addition to most recent trend counseling theories and more. It focuses on the fundamental concepts and facts of psychology as a science within a framework that emphasizes the functions of psychological mechanisms and how psychologists have gone about discovering and understanding them. It emphasizes methods, data & theoretical interpretations in areas of learning, sensory psychology, memory & cognition, psychophysiology.

**CN718 Contemporary Theories of Counseling 3 credits**

This course provides current movement and issues in counseling. It also provides theoretical and practical knowledge in contemporary counseling .

**CN719 Advanced Psychological Measurement 3 credits**

This course is study on all sorts of Psychological Assessment and Criteria. Investigate a kind, a type, a distinguishing characteristic and be attentive to use of them. Practice a method and a procedure of them. The second section focusses on issues related to administering, scoring, and interpreting the tests that typically are used in a standard assessment battery. In the last segment of the course, students gain hands-on experience in working with a standard test battery.

**CN720 Psycho-pathology 3 credits**

Theories on etiology, diagnoses, and interventions in mental disorder are analyzed. Theories in a mental disorder are analyzed.

**CN721 Advanced Counseling Research Methods 3 credits**

The purpose of this course is to provide students a familiarity with and understanding of various research methods in the behavioral sciences so that they can: plan good research, understand the strengths and limitations of research methods, critically evaluate information about human behavior presented in both professional journals and the popular media, and develop proficiency in professional scientific writing.

**CN722 Advanced Psychological Statistics 3 credits**

Store up a ability that apply a knowledge and a method of statistics in actual data.

**CN723 Methodologies of Qualitative Research 3 credits**

Study on a qualitative methodologies that introduce a qualitative approach in study of psychology and behavior, personal relations and etc.

**CN724 Development of Psychological Test 3 credits**

The purpose of this course is to make the students know how to develop the psychological attributes such as character, aptitude, interest, knowledge and attitude, and to verify the validity. Topics include the general principles of making out an instrument, item analysis, reliability, validity, and scaling.

**CN725 Counseling Program Development & Operations 3 credits**

This course analyzes theories on assessment of needs, formation of purpose, development of a program, and evaluation of the program. Their process are discussed. It focuses on the fundamental concepts of designing experiments and how experimenters control experimental variables and execute the experiments. It also provides several classic researches and shows the specific way to design experiments and experimental issues by analyzing those experiments.

**CN726 Marriage and Family Counseling 3 credits**

This course prefers the preventive and developmental perspective to therapeutic attitude in family therapy. Theories on premarital counseling are analyzed.

**CN727 Family and Married Couple Counseling 3 credits**

This course analyzes models for functional couple relationship and its risk factors. Theories on the process and structure of couple therapy are analyzed. Skills of couple therapy are discussed.

**CN728 Counseling in Cyber 3 credits**

This course introduces history and concept of cyber counseling. Topics include counseling content, techniques, and the effectiveness of counseling in cyber.

**CN729 Addiction Counseling 3 credits**

Etiology, diagnoses, and intervention for alcohol addiction, substance addiction, internet addiction, or behavioral addiction are analyzed. Their theories are analyzed.

**CN730 Career & Life Counseling 3 credits**

Major concepts and process in career counseling are analyzed from the perspective of human development. Major approaches to career counseling are appraised critically for human life long career development.

**CN731 Theory and Practice of Art Therapy 3 credits**

Theories on expressive arts therapy are analyzed. Theories on arts therapy, music therapy, drama therapy, dance therapy, or poetry therapy are analyzed.

**CN732 Seminar on Post Traumatic Stress Disorder 3 credits**

Theories on etiology, diagnoses, and intervention in PTSD are analyzed. Intervention skills and process are appraised and practised.

**CN733 Psychotherapy of Emotional Dysregulation 3 credits**

This is an advanced course on mental disorders containing emotional dysregulation. And it analyzes theories on their psychotherapies and interventions. Its topic includes anxiety, depression, anger, and so on. In particular models of anger and its regulation are analyzed and compared.

**CN734 Seminar on Violence & Mediation 3 credits**

Theories on etiology and intervention in domestic violence, school violence, institution violence, bullying, or cyberbullying are analyzed. In particular, as an intervention in violence and bullying, mediation theories are analyzed and practices.

**CN735 Counseling for the Elderly 3 credits**

This course analyzes the process and the mechanism of human aging. In addition, psychosocial features in the late adulthood are surveyed. The methodological approaches to the wellbeing in the late adulthood are analyzed.

**CN736 Practice of Family Counseling 3 credits**

This course's topic includes contemporary issues in family and family therapy. The topics are posted in its beginning. We will study to know the concept of family, family study, theological view, family identity, sexual role and development, child care, the problems of family etc.

**CN737 Transpersonal Psychology & Counseling 3 credits**

Based on spiritual transcendence, transpersonal psychology as well as my recent spirituality will be discussed.

**CN738 Integrated Psychology 3 credits**

Explore and experiment about its' integrated approach and analyze oriental and occidental philosophies as well as the point of psychology.

**CN739 Transcendence Spirituality Counseling 3 credits**

There are limited methods to treat deep pains and scars which humans carry unconsciously. Through transcendence spirituality counseling which can deal with unconsciousness in dealing with confusion and conflict using theoretical approach, its approach is to deal with humane issues through consciousness.

**CN740 Yoga Meditation Therapy 3 credits**

Harmony forms through yoga meditation. Through this process, one can maintain healthy mind and balance.

**CN741 Music Therapy 3 credits**

Excellent meditation music brings relaxed breathing, stable brain function and sleep, fatigue relief, enhancement of concentration and of course trans effect. It will deal with techniques that can stabilize breathing and form multiple visualization meditation methods which are controlled by using specific sound or music.

**CN742 Art Therapy 3 credits**

Study on a theory and a practice of Art therapy to help client's troubleshooting.

**Research for the Master's Degree I**

Independent study and supervision for dissertation paper for master's degree

**Research for the Master's Degree II**

Independent study and supervision for dissertation paper for master degree

**Research for the Doctoral DegreeI**

Independent study and supervision for dissertation paper for doctoral degree

**Research for the Doctoral DegreeII**

Independent study and supervision for dissertation paper for doctoral degree

**Research for the Doctoral DegreeIII**

Independent study and supervision for dissertation paper for doctoral degree